



2677 42 FIELD REGIMENT (LANARK & RENFREW SCOTTISH)
ROYAL CANADIAN ARTILLERY CADET CORPS



DRESS INSTRUCTIONS

BY ORDER OF
RSM

REVISED: 29-Oct-10

PREFACE

The army cadet uniform is something that should be worn with pride. You're not just representing yourself while in uniform; you're representing the corps, the artillery, and Cadet program. You should always strive to be the best you can be in life and it goes for everything. Make your uniform the best it can be by making your boots look like mirrors and your creases sharper than a knife! By putting in the effort into a clean, sharp, and professional uniform you are helping your team, 2677, the best in Canada!

If you should have any questions about the uniform follow the chain-of-command.

D.J. Longpré
Chief Warrant Officer
Regimental Sergeant Major

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GENERAL DRESS NOTES

1. The uniform of a military or cadet unit is the outward symbol of its commitment, identity and ethos. Coupled with overall appearance, the uniform is the most powerful single expression of pride by the individual Cadet Corps member and is the primary means by which the public image of the Cadet Corps is fashioned.
2. The dress of the Cadet Corps is based stated in CATO 46-01 and draws its traditions and accoutrements from the Royal Regiment of Canadian Artillery. Every effort will be made to preserve and enhance these traditions.
3. A good turn out is obtained by well fitted and equally well maintained kit. This helps maintain a high level of esprit de corps within the Cadet Corps, and a good name, image and professional appearance to those who are observing the Cadet Corps or its members. Individual members are responsible for maintaining all of their personal kit in good order, especially the items of Regimental kit provided to them.
4. Rank insignia must be easily recognizable and clearly differentiate between ranks to promote recognition and the paying of compliments while in garrison. While in the field, leaders still need to be recognizable by their soldiers and those with whom they may come into contact.
5. Nametags and other accoutrements shall be worn in-accordance with (IAW) CATO 46-10 and these orders.
6. If a civilian backpack is worn while in uniform it shall hang suspended by both straps square on your back or be carried in the left hand.
7. You are either in uniform or civilian dress; NO mixture of either or except while in the field.
8. Sergeants will receive Regimental kit within six months of promotion.
9. Strive to present a proper cadet bearing – you are in 2677– look and be proud!

DEPORTMENT

10. The standard of personal dress, appearance, and grooming shall reflect credit on the individual and on the RCAC. The regulations are not intended to be overly restrictive, but rather to ensure a high standard of grooming consistent with that expected of cadets while also recognizing the standards of Canadian society. The regulations set out in the following paragraphs are reasonable to ensure a favourable cadet image and yet allow some individuality.
11. Cadets in uniform shall be well groomed with footwear cleaned and polished. The uniform shall be clean and properly pressed at all times. In particular, buttons, fasteners and zippers shall be kept closed. Pockets shall not be bulged; items such as glasses, sun-glasses, glasses cases, pens, pencils, key-rings or paper shall not be visibly extended nor protrude from pockets or be suspended from waist belts or pockets. Headsets from a radio receiver, tape/CD players, cell phones (including hands free devices), MP3 players or other personal entertainment device shall not be worn during training.
12. Civilian dress may be worn by cadets as prescribed by Commanding Officers. Cadets wearing civilian clothes during cadet activities or in public shall present a neat, clean and well groomed appearance. Regulations on personal appearance will apply to cadets wearing civilian clothes in regards to deportment, hair, jewellery, tattoos, and piercing. It is recommended that the Corps COs emphasise the importance for cadets to dress in a manner that brings credit / upholds reputation of the cadet corps and the RCAC.
13. Chewing gum, slouching, sauntering, placing hands in pockets, smoking or eating on the street, walking hand in hand, and similar deportment which detracts from a proud and orderly appearance in the eyes of the public is unacceptable for cadets in uniform. The object of this guideline is to project an image of a disciplined and self-controlled group while, at the same time, allow cadets to express their feelings in a positive manner as it would be expected of teenagers.

14. Displays of affection and friendship are to be expected between teenage friends that enjoy each other's company, especially in times of joy or sadness. Normal displays of teenage affection such as hugging, laughing, high-fives and the act of consoling each other in times of sadness is not to be discouraged as it contributes to the development of team spirit and friendship.
15. Personal behaviour that exceeds the normal displays of friendship and comradeship is to be strictly prohibited. This would be the case for example when cadets in a personal relationship kiss each other on the lips, sit on each others lap, hold each other in a personal embrace or hold hands publicly.

APPEARANCE

HAIR

16. Hair shall be neatly groomed and conservatively styled. The length, bulk and style of hair shall not preclude the proper wear of the beret (bulk is the distance that the mass of hair extends from the skin, when groomed, as opposed to the length of hair). In particular, style and colour shall not be bizarre, bleached, exaggerated or unusual in appearance. Unusual colours such as green, bright red, orange, purple, etc are not permitted. Hair must be secured or styled back to reveal the face and any accessories used to secure or control hairstyles shall be as unobtrusive as possible. Hair ornaments shall not be worn, except for female cadet's conservative barrettes, which blends with the hair colour.

HAIR – MALE

17. The following additional details apply to male cadets:
 - a. taper trimmed at the back, sides, and above the ears to blend with the hairstyle; be no more than 15 cm (6 in.) in length and sufficiently short that, when the hair is groomed and beret is removed, no hair shall touch the ears or fall below the top of the eyebrows; be no more than 4 cm (1-1/2 in.) in bulk at the top of the head, gradually decreasing to blend with the taper trimmed sides and back; and be kept free from the neck to a distance of 2.5 cm (1 in.) above the shirt collar. Taper trimmed square back styles and shaving of all the hair on the head are permitted
 - b. **Sideburns** - Sideburns shall not extend below a line horizontally bisecting the ear, and shall be squared off horizontally at the bottom edge and taper trimmed to conform to the overall hairstyle;
 - c. **Moustaches** - When moustaches are worn alone, the unshaven portion of the face shall not extend outwards beyond the corners of the mouth. Moustaches shall be kept neatly trimmed; not be greater than 2 cm (3/4 in.) in bulk; not extend below the corners of the mouth and not protrude beyond the width of the mouth; and
 - d. **Beards** - Beards shall not be worn except for those cadets who are adherent of the Sikh religion or cadets experiencing recognized medical problems preventing them from shaving. In the latter case, a note from a medical practitioner is required.

HAIR – FEMALE

18. The following additional details apply to female cadets. The following additional details apply to female cadets. Hair shall not extend below the lower edge of the shirt collar (see exception below). Exaggerated styles, including those with excessive fullness or extreme height, are not authorized. Braids, if worn, shall be styled conservatively and tied tightly, secured at the end by a knot or a small unadorned fastener. A single braid shall be worn in the centre of the back. Double braids shall be worn behind the shoulders. Hair shall be a maximum length when gathered behind the head and braided which does not extend below the top of the armpit. Multiple braids and/or cornrows shall be directed toward the back of the head, pulled tight to the head and secured at the end by a knot or a small-unadorned fastener. Multiple braids extending below the lower edge of the collar are to be gathered in a bun. Hairpieces and extensions are not permitted

MAKEUP

19. Female cadets are authorized to wear a minimal amount of make-up. When wearing uniform, make-up shall be applied conservatively. This precludes the use of false eyelashes, heavy eyeliner, brightly coloured eye shadow or lipstick, coloured nail polish, and excessive facial make-up.

JEWELLERY

20. The only jewellery that may be worn in uniform shall be a wristwatch, a Medical Alert bracelet and a maximum of two rings, which are not of a costume jewellery nature. In addition, female cadets in uniform may wear a single pair of plain gold, silver stud or white pearl earrings in pierced ears. The single stud earring, worn in the centre of each earlobe, shall be spherical in shape and not exceed 0.6 cm in diameter. No other type of earring shall be worn except for a gold or silver healing device of similar shape and size, which may be worn while ears are healing after piercing. Only a single earring or healing device, worn in the centre of each ear lobe, may be worn at a time. Male cadets are not authorized to wear an earring or earrings.

TATTOOS AND BODY PIERCING

21. Cadets shall not acquire visible tattoos that could be deemed to be offensive (e.g. pornographic, blasphemous, racist, etc.) or otherwise reflect discredit on the CCO. Cadets in uniform shall not wear visible body piercing adornments (tongue included), with the exception of female cadet's earrings. Use of adhesive bandage for the purpose of covering a piercing is unauthorized.

UNDERGARMENTS

22. Undergarments including brassiere for female cadets, should be worn under all numbered orders of dress and shall be of an appropriate colour so as not to be visible through uniform items of clothing.

EYEGASSES/SUNGLASSES

23. Eyeglasses and sunglasses shall be conservative in design and colour. Sunglasses with photo chromic or mirrored lenses are not authorized for wear. Cadets, who normally wear eyeglasses, may wear either conventionally framed prescription sunglasses or conservatively styled clip-on sunglasses when conditions and circumstances dictate. Other cadets may wear conservatively styled sunglasses, which do not detract from the overall appearance of the uniform when conditions and circumstances dictate. Sunglasses shall not be worn on parade unless authorized by the CSTC or Cadets Corps CO in special circumstances.

CULTURAL AND RELIGIOUS ACCOMMODATION

24. The different religious and spiritual requirements of various groups should be respected, especially during periods of religious expression. To ensure that this occurs, the exceptions to the dress instructions for cultural and religious reasons will be considered when the corps CO submits a written request to the RCSU. The RCSU, in consultation with DCdts 4-4, will consider the request for exception based on practices and policies in place within the Canadian Forces and as per described in the A-AD-265-000/AG-001.

WEARING OF HEADDRESS

25. The wear of the headdress on different occasions reflects a combination of cultural etiquette of Canadian society, military custom, and religious practices. As a guideline, the norms of formal etiquette will be followed:
 - a. **consecrated buildings** - All cadets shall observe the custom of the religious denomination concerned, in regard to the wearing of headdress in a consecrated building, except that headdress shall be worn when on duty as a member of the vigil during the lying in state of a deceased dignitary or when depositing or receiving Colours. The advice of the officiating clergy will be sought and followed in each case;

- b. **messes and canteens** - Cadets shall remove headdress upon entering messes and canteens. The same custom shall be applied upon entering public restaurants;
- c. **public buildings** - Headdress shall not normally be removed in any public place, including elevators. However, cadets may observe the custom practised by civilians in regard to the wearing of headdress in public buildings such as theatres and civil courts; and
- d. **public transportation** - Cadets travelling aboard public transportation must remove their headdress while in transit; headdress shall be replaced prior to exiting the public transportation.

WEARING ITEMS OF DRESS

BERET

- 26. Shall be worn evenly on the head with the sweat-band 1.5 cm above the eyebrows, badge centred over the left eye. The crown of the beret shall be pulled downwards to the right and rear and have a “trench” in the left side of the beret, following tradition of the Royal Regiment of Canadian Artillery. Drawstrings shall be tucked in.

CAP BRASS/BADGE

- 27. Will be worn with the beret at all times. Cadets are initially issued the RCAC cap badge; upon CO's approval junior cadets are awarded their Artillery cap brass.

CADET TOQUE

- 28. The cadet toque may be worn during training when weather conditions warrants with the embossed RCAC cap badge centred on the forehead.

TUNIC

- 29. The tunic shall be worn fully buttoned except the top button. Sleeves shall be roll pressed with no creases. Tunics may be removed in buildings and offices when authorized.

TROUSERS

- 30. Shall be worn so as the excess of the belt, once attached, is on the same side as the buttonhole flap. The buckle shall be adjusted so that the excess of the belt is not more than 8 cm.

BLACK NARROW BELT

- 31. The issued trousers shall be worn with the black belt. Cadets are authorized to wear the RCAC & RCA belt buckle.

SWEATER

- 32. Sweaters may be worn with or without the jacket but the jacket shall be worn when going to and from the corps location. Sleeves shall not be rolled or pushed up the arm. NOTE: The sweater is issued only to senior cadets as needed; it is NOT a standard issue of kit.

SHORT-SLEEVE SHIRT

- 33. Will be ironed making the shirt wrinkle free and with a single crease down the center of each sleeve. May be worn with tie, ascot or open neck, with or without jacket (following the dress ordered). Rank slip-ons shall be worn with the short sleeve shirt.

WHITE SHIRT & BLACK BOW TIE

- 34. A plain white shirt with turned down collar and a black bow tie may be worn with the C-6 Mess Dress.

NECKTIE

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35. Shall be knotted neatly using a Windsor knot and shall be kept tight. Plain gold colour tie clips or pins may be used. When jacket is removed the tie shall not be tucked into the shirt except for safety reasons.

ASCOT

36. Authorized only for cadets holding the rank of sergeant or greater. Worn with C-1, C-2 and C-2A.

BLACK ANKLE PARADE BOOTS

37. Shall be laced across horizontally from side to side. Boots shall not be modified with any type of metal cleats, hobnails or other metal attachments to heel or sole. No varnish other than shoe polish can be used to shine the boots.

SOCKS

38. Must be worn with boots and running shoes. Cadets have the option of grey wool or black cotton/nylon socks with all orders of uniform except for the P.T. uniform; cadets may wear civilian socks.

PARKA

39. RCAC crest must be worn on the left breast of the all-season jacket. The liner and the exterior jacket may be worn separately or as a set. Rank slip-ons will be worn.

BLACK GLOVES

40. Worn when weather dictates or when ordered.

GREY P.T. SHORTS

41. Shall be worn at the waist.

GREY P.T. SHIRT/CAMP SHIRT

42. Shall be tucked in unless ordered not to. Camp shirts are permitted as a substitute providing they are not written on, ripped or defaced in anyway.

“ROYAL CANADIAN ARTILLERY” SHOULDER TITLE

43. Will be worn on both sleeves of tunic.

“RCAC” INSIGNIA

44. Will be worn on both sleeves of all authorized tunic. Must be worn on the left breast of the all-season jacket.

WHITE PLASTIC CEREMONIAL BELT

45. Authorized only for cadets holding the rank of sergeant or greater. The Artillery brass buckle will anchor the belt.

PACE-STICK/DRILL CANE

46. Only the RSM is permitted to carry a pace-stick. Every other cadet, who is in a command position, may carry a drill cane.

WHITE COTTON CEREMONIAL GLOVES

47. Authorized only for cadets holding the rank of sergeant or greater and all members of flag party.

LANYARD

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48. Authorized only for cadets holding the rank of sergeant. Worn on the right arm attached to the right breast pocket button.

NAME TAG

49. Worn on all orders of dress except P.T. and FTU. Worn directly over right breast pocket.

MEDALS & RIBBONS

50. As awarded cadets will wear their medals on only the C-1 and C-6 uniform while the rest (as applicable) will wear ribbons. After being awarded more than one medal they will have those medals mounted in proper order following Annex D. Medals and ribbons are worn directly above the left breast pocket, centered.

CAMP PINS

51. Worn on the left breast pocket, centered. Will be worn on both tunic and SS shirt.

MARKSMANSHIP/BIATHLON PINS

52. Worn on the right breast pocket, centered. Will be worn on both tunic and SS shirt.

ANNEXES

ANNEX A – ORDERS OF DRESS

C-1	COMPOSITION	OCCASION
CEREMONIAL DRESS	Beret SS Shirt Tie Tunic Pants Belt Boots <hr/> Ascot Lanyard Medals White gloves	a. formal ceremonies or parades in all seasons, b. guard of honour, c. church services or parades, d. funerals, e. other occasions as ordered.
C-2	COMPOSITION	OCCASION
ROUTINE FULL DRESS	Beret SS Shirt Tie Tunic Pants Belt Boots <hr/> Ascot Lanyard Ribbons	a. Normal dress for duty in fall/winter season. b. Routine parades. c. Appropriate cadet social functions. d. Must be worn while travelling to and from the CSTC. e. Other occasions when ordered.
C-2A	COMPOSITION	OCCASION
ROUTINE SUMMER DRESS	Beret SS Shirt Pants Belt Boots <hr/> Ascot Lanyard Ribbons	a. Normal dress for duty in spring/summer season. b. Routine parades. c. Appropriate cadet social functions. d. Other occasions when ordered.
C-3	COMPOSITION	OCCASION
ROUTINE WINTER DRESS (SENIOR)	Beret SS Shirt Tie Sweater Pants Belt Boots	a. Normal dress for seniors instead of C-2 for cold weather.
C-4	COMPOSITION	OCCASION
P.T. DRESS	<ul style="list-style-type: none"> • Cadet Grey P.T. shirt OR Cadet Camp t-shirt • Cadet Grey P.T. shorts • Running Shoes 	a. During physical training. b. ACFT.
C-5	COMPOSITION	OCCASION
FIELD TRAINING UNIFORM (Combats)	When authorized to do so, cadets will wear this order of dress in the following manner: 1. Trousers and tunic, undershirt, olive green hat or beret or tan wide-brimmed summer hat or toque and boots. 2. Cadets will wear rank slip-ons.	a. Field Training b. Other activities as ordered.

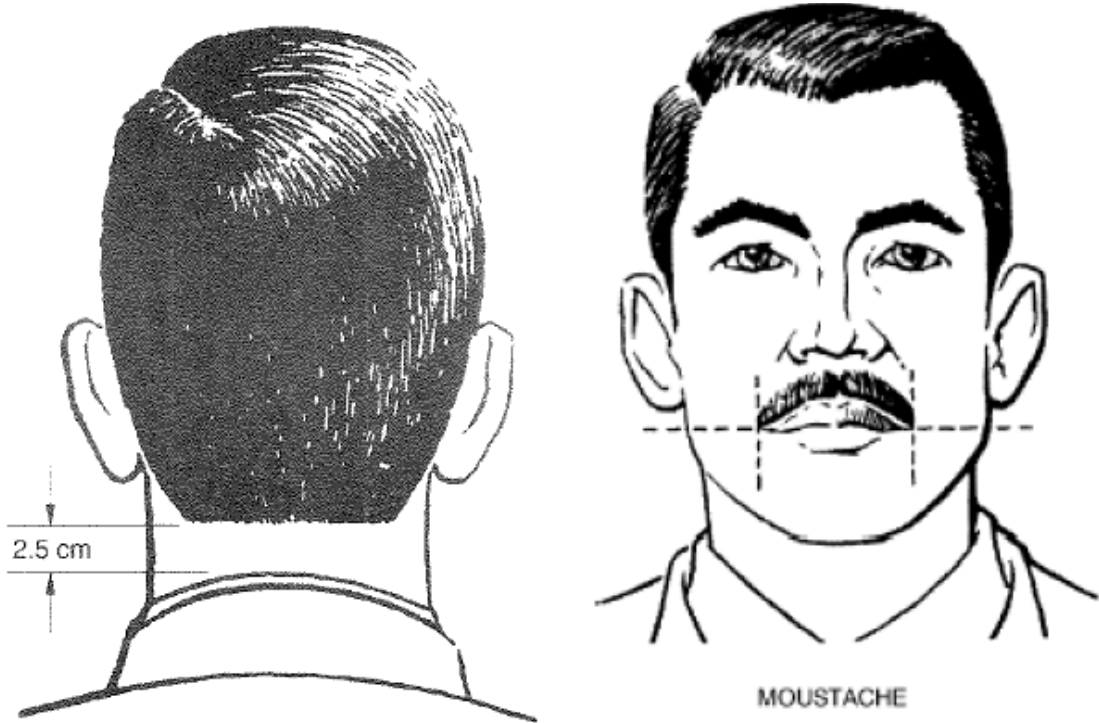
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	<p>3. Cadets may wear as applicable:</p> <p>(1) the cap badge of the affiliated unit if the CO of the affiliated unit has approved the use of the cap badge by cadets; or</p> <p>(2) the RCAC cap badge.</p> <p>4. Coat. Worn with or without the liner;</p> <p>5. Shirt. May either be worn under the four season coat or as the outer-garment in hot weather. The shirt may also be worn with sleeves extended or rolled, in accordance with summer or winter dress orders;</p> <p>6. Sweater, rifle green. Shall be worn under the shirt in cold weather;</p> <p>7. Name tape. If in possession of a name tape it shall be worn</p>	
C-6	COMPOSITION	OCCASION
MESS DRESS	<p>Tunic</p> <p>Pants</p> <p>Belt</p> <p>Boots</p> <hr/> <p>Black bowtie</p> <p>White collared shirt</p> <p>Lanyard</p> <p>Medals</p> <p>White gloves</p>	<p>a. mess or formal dinners</p> <p>b. other formal occasions as ordered</p>
C-7	COMPOSITION	OCCASION
CIVILIAN DRESS	<p>Civilian clothes</p> <p>Nothing offence or promoting drugs/alcohol</p>	<p>a. Range activates</p> <p>b. Other occasions as ordered</p>

ANNEX B.1 – MALE HAIR STANDARD



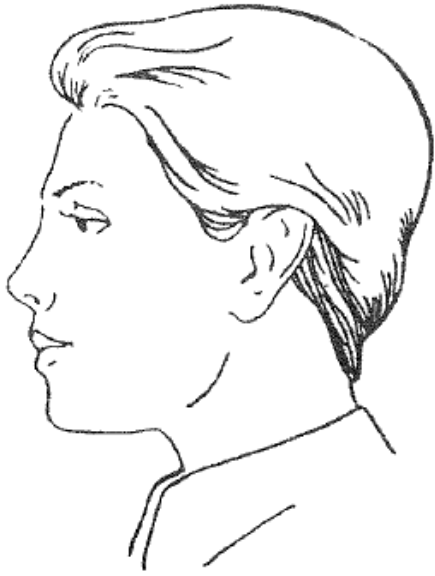
TAPER TRIMMED HAIRCUT CONVENTIONAL



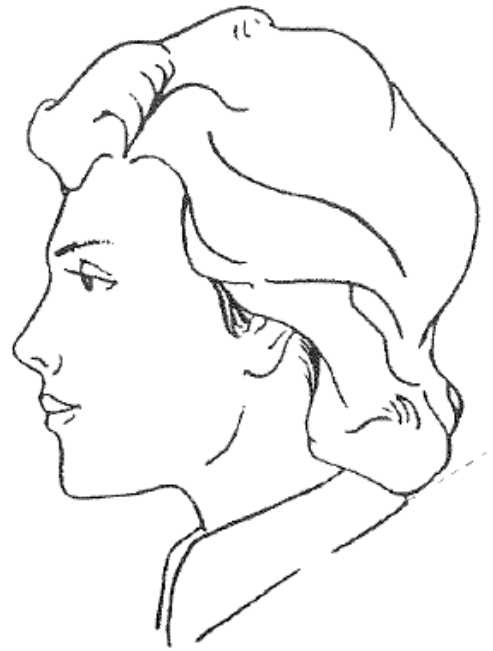
MOUSTACHE

TAPER TRIM HAIRCUT - STRAIGHT BACK APPEARANCE

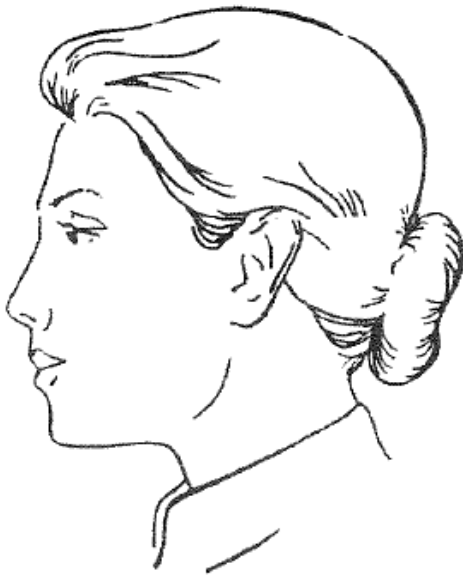
ANNEX C – FEMALE HAIR STANDARD



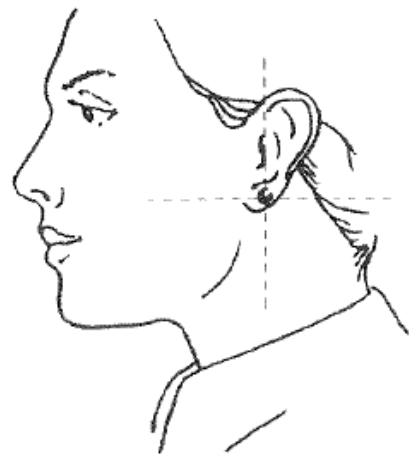
SHORT HAIR STYLE



CURLED HAIR STYLE

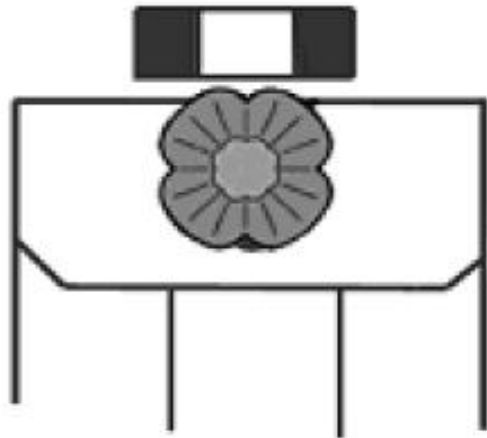


STRAIGHT HAIR STYLE WITH BUN

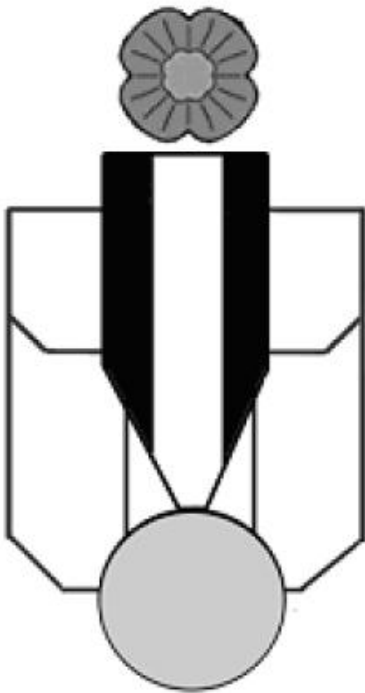


ONE STUD EAR-RING MAY BE WORN
CENTRED IN EACH EAR LOBE

ANNEX C – PLACEMENT OF POPPIES



SS SHIRT & TUNIC

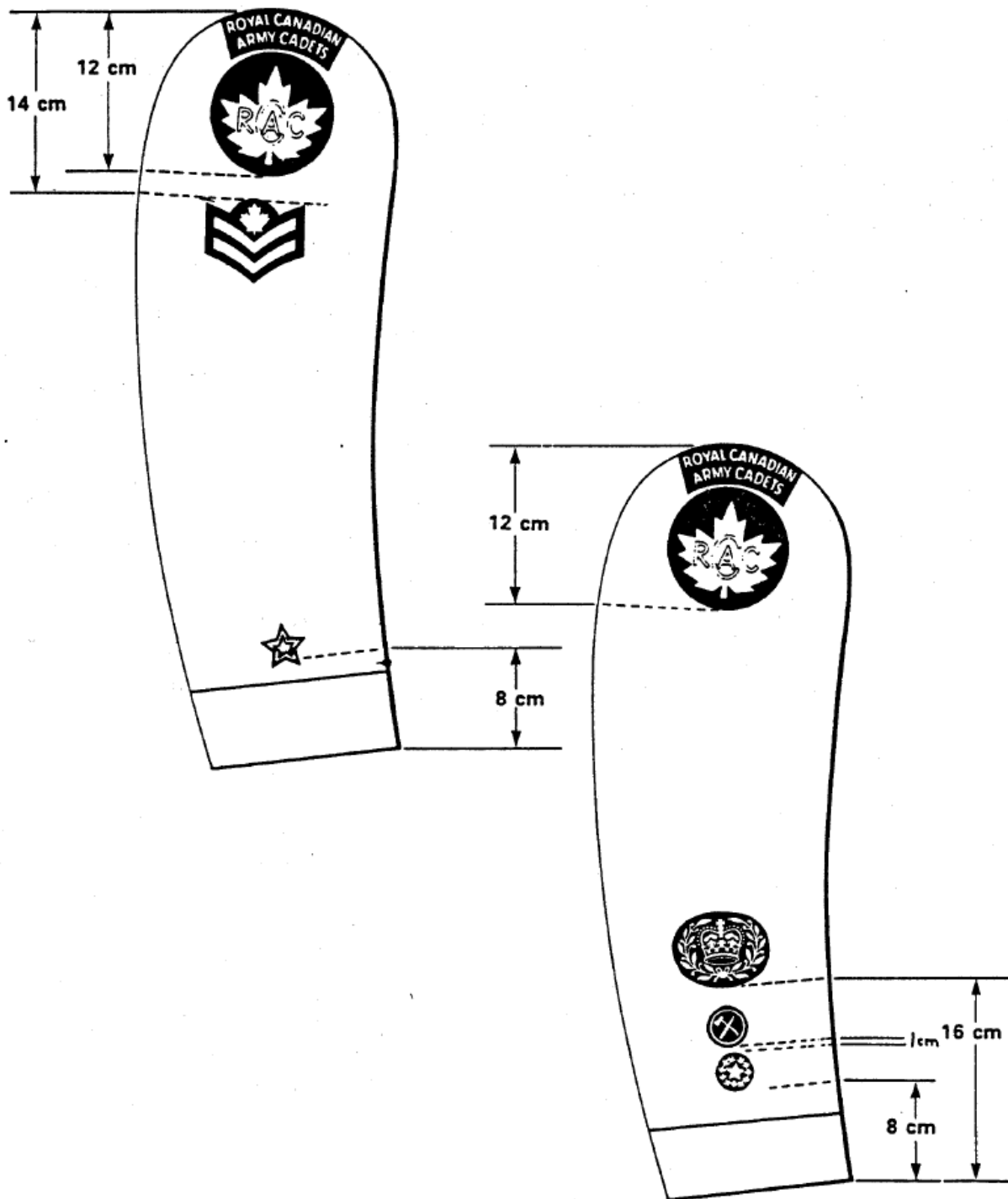


TUNIC WITH MEDAL

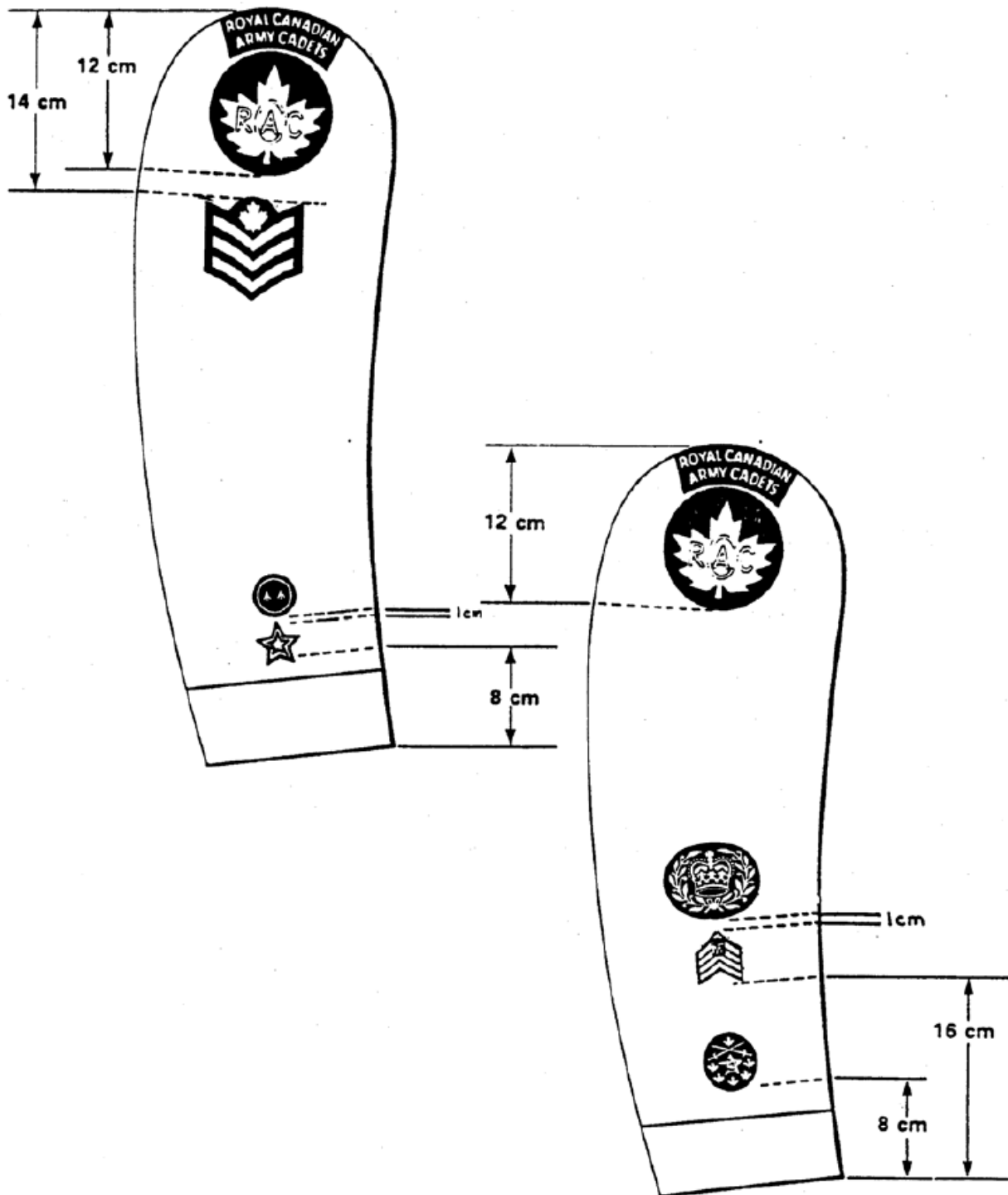


PARKA

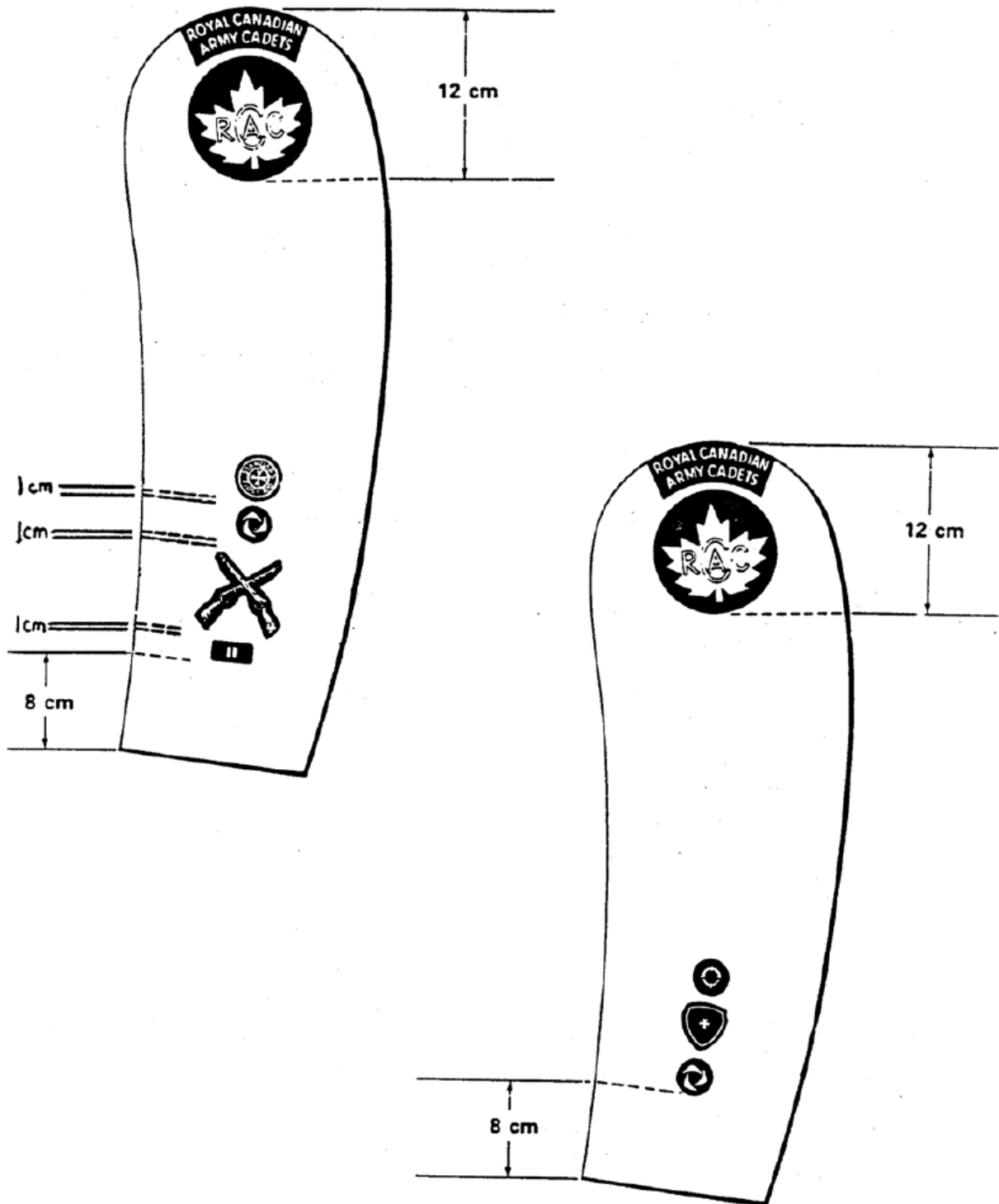
ANNEX C.1 – PLACEMENT OF BADGES – RIGHT SLEEVE



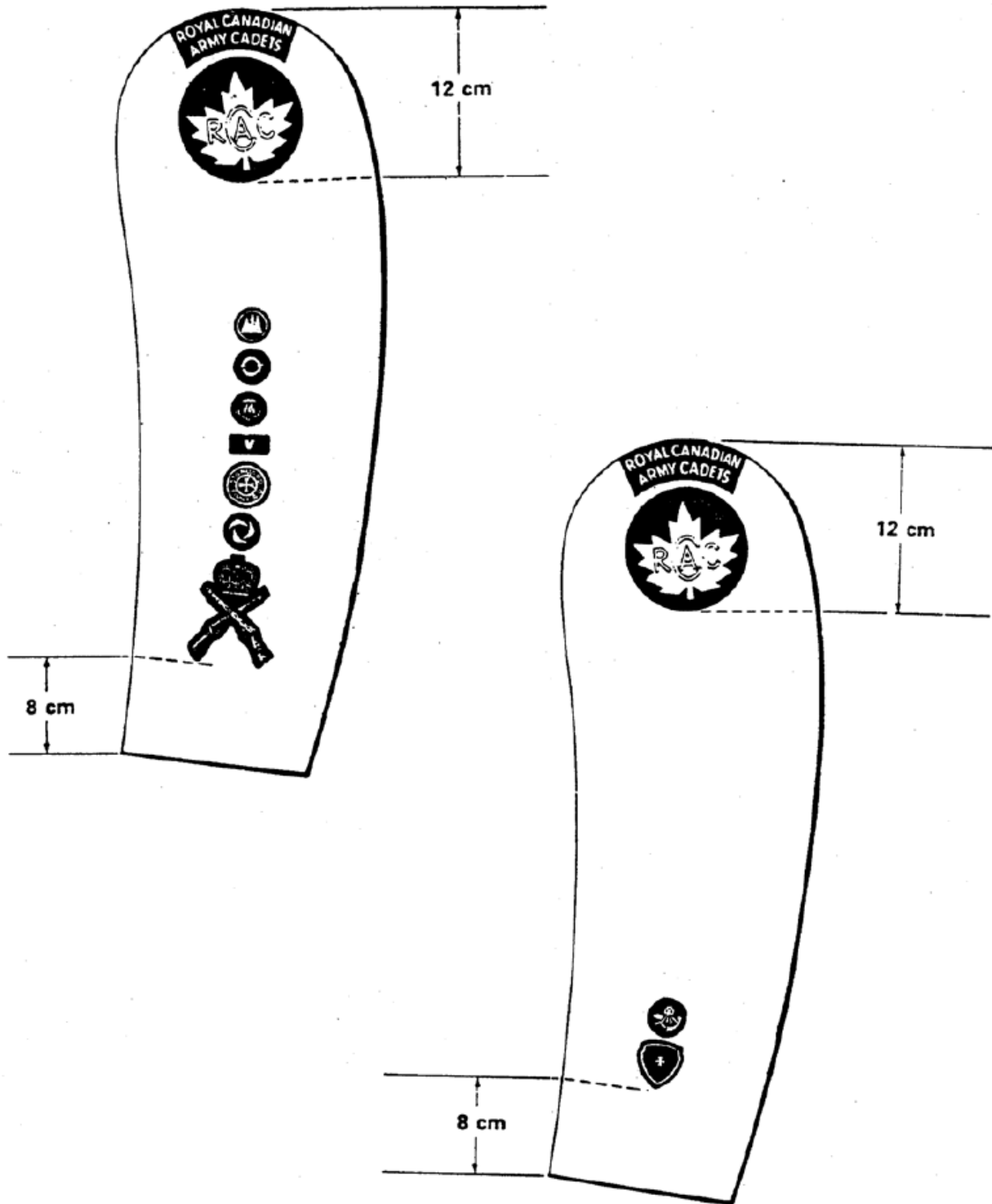
ANNEX C.2 – PLACEMENT OF BADGES – RIGHT SLEEVE



ANNEX C.3 – PLACEMENT OF BADGES – LEFT SLEEVE



ANNEX C.4 – PLACEMENT OF BADGES – LEFT SLEEVE



ANNEX D – CADET MEDALS IN ORDER OF PRECEDENCE

ORDER OF PRECEDENCE

- I. the Cadet Award for Bravery (CATO 13-16, Annex B);
- II. the Lord Strathcona Medal (CATO 13-16, Annex E);
- III. the Royal Canadian Legion Medal of Excellence (CATO 13-16, Annex F);
- IV. the Major-General Howard Medal (CATO 47-02);
- V. Army, Navy and Air Force Veterans in Canada, Cadet Medal of Merit
- VI. the Army Cadet Service Medal.

